THANK YOU TO ALL OUR VOLUNTEERS!

The Canteen is always in need of volunteers. Can you help this term? Please call Sarah Harkins 0409 986 525

THE RIGHT (LIGHT) BITE
2016/2017

The canteen is open every, Monday, Wednesday & Friday

Lunch orders must be placed at the canteen before school.

Clearly mark name and area number on bags

Lunch Bags: 1 for 5c
10 for 50c
25 for $1.00

DRINKS

300ml Choc Chill $2.00
300ml Banana Chill $2.00
300ml Strawberry Chill $2.00
300ml Choc Mint Chill $2.00
600ml Spring Water $1.50
200ml Apple & B/current Juice Box 100% $1.70
200ml Apple Juice Box 100% $1.70
300ml Orange C $2.00
350ml Focus Flavoured Water $2.00
200ml LOL $2.00
Hot or Cold Milo** $1.50

RECESS
Always new & exciting healthy items available

Mini Pizza $1.00
Cheesy $1.00
Cheesy Beans $1.00
Chicken Goujons .40c
Yummy Drummy $1.00
Garlic Toast $1.00
Potato Gems .10c
Yogo $1.80
Yoghurts $1.80

After lunch an assortment of Amber Ice Creams are available. Prices range from, 50c to $2.00
**TOASTIES**
- Toasted Cheese $2.70
- Toasted Chicken & Cheese $3.50
- Toasted Ham & Cheese $3.20
- Toasted Vegemite & Cheese $2.70
- Toasted Ham, Cheese & Pineapple $3.50
- Toasted Chicken, Cheese & Pineapple $3.70

**EXTRAS**
- Corn on the cob $1.20
- Tomato Sauce .40c
- Any one salad item .50c

**MONDAY SELECTIONS**
- *NEW Cheese Spinach Quiche $4.00
- Add Salad $5.50

- **Chicken Breast Nuggets (5)** $4.00
  In a light tasty bread crumb, served with a juicy corn cob

- **Chicken Sear** $4.00
  Delicious grilled chicken fillet on a roll with lettuce, tomato & carrot.

**WEDNESDAY SELECTIONS**
- Large Sweet Summer Chicken Wrap $4.00
  Coated crispy chicken fillets with lettuce, tomato and carrot. Cloaked in a soft wrap and drizzled with sweet chilli sauce

- Crispy Crumbed Chicken $4.00
  Tenderloin wrap with lettuce, tomato, carrot and mayonnaise

- Mrs Mac Cruizer Meat Pie $3.50
- Mrs Mac Party Pies (x2) $2.80
- Mrs Mac Sausage Roll $2.50

**FRIDAY SELECTIONS**
- Hamburger $4.00
  Tasty beef patty on a soft roll with lettuce, tomato, carrot, BBQ sauce and tomato sauce

- Hot Dog & Sauce $3.00
- Pizza
  - Ham & Pineapple $2.90
  - Cheese & Bacon $3.00

- Sushi- Chicken Teriyaki (GF) $4.60
  Other Sushi options are available if ordered on Wednesday for Friday:
  Tuna, California Rolls, Smoked Salmon, Vegetable or Combo. All 5 pieces.